

## Diploma in Social Work

### UNIT I

#### **Social Work Profession**

Social Work Profession: Meaning and Definition of Social Work as a Profession, Origin and Growth of Social Work Profession in India, Goals and Functions, Principles and Scope of Social Work Profession, Beliefs and Values, Code of Ethics (NASW)

### UNIT II

#### **Fields of Social Work Practice**

Health, Mental Health, Community Development, Child Rights, Legal and Correctional settings, Family, Vocational Rehabilitation, Education, Economic and Social Development, Rural Development, Urban Development, Industrial, and Environment.

### UNIT III

Introduction to the methods of Social Work – Definition, Meaning - Case Work, Group Work, Community Organisation, Social Action, Social Work Administration and Social Work Research as practice methods . Integrated Method of Social Work, Shifts in focus of practice – from expert/professional to collaborative partner

### UNIT IV

Human Behaviour: Meaning, basic concepts, understanding human behavior and Personality  
Personality- Definition. Personality Traits and Dimensions to describe Personality  
Theories related to Structure and Development of Personality. Psychoanalytic (Freud),  
Psychosocial Development (Erickson), Social Learning (Bandura), Humanistic (Rogers)

#### **V: Personality Theories**

Sigmund Freud- Psychoanalytic theory and ego defense mechanisms. Skinner- Behaviour theory and behaviour modification techniques, Individual/humanistic theories- Maslow and Roger.